

WELCOME TO MY PUBLIC KITCHEN

Step 1:

Be happy! You are at THE PLACE for nourishing organic vegan food!

Step 2:

Choose a salad, sandwich or wrap plus a sweet treat and drink from my fridge. There's always something new to try along with my best-selling items.

Please feel free to share your favourites or wants on a comment card!

Step 3:

Pay for your items and take-away or stay and enjoy. If you choose to enjoy your lunch or snack at my Public Kitchen, pour yourself a glass of filtered water, help yourself to cutlery & condiments.

Step 4:

Return to my fridge and shelves to choose items to take home with you or to gift!

COUNT ON THIS GOOD FOOD.

Nothing I make contains artificial preservatives or colours, cane sugar, GMOs, refined grains, or applied pesticides.

I CARE ABOUT YOUR HEALTH AND WELL-BEING, ANIMAL WELFARE, OUR FARMERS AND OUR SHARED AIR, WATER AND EARTH.

Enjoy my nourishing, wholesome, organic, plant-based cuisine with confidence and a smile.



DOUG MCNISH'S PUBLIC KITCHEN

GRAB AND GO MEALS + SNACKS + LUNCH

the Public Kitchen is open every day, Monday to Friday, 11am-6pm (9pm on Thursdays), Saturday & Sunday, 10am-4pm
Pre-order! online, orders@dougmcnish.com, or by phone
open at 561 Marlee Avenue. free parking & just steps from
Glencairn Subway, complete details online

WEEKEND BRUNCH

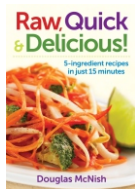
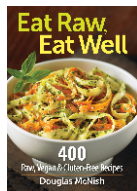
full service brunch every Saturday and Sunday from 10am-4pm
with our last seating at 3pm (yes! we accept walk-ins and we
take reservations! reservations@dougmcnish.com)

THURSDAY DINNERS

a special dinner menu (posted online) every Thursday from
5:30pm-9pm plus an organic cocktail program, & organic wine
and beer! (reservations recommended, but not necessary)

SPECIAL EVENTS + PRIVATE TRAINING

be in touch with Chef Doug McNish at chef@dougmcnish.com



Get cooking with Doug's Cookbooks!

available at the Public Kitchen,
dougmcnish.com
and at many wonderful,
local, healthy retailers
also at Indigo and amazon.ca

647-341-1736

dougmcnish.com